



# ZUMBA<sup>®</sup>

## gold

*Fridays, 9:30am -10:30am*

**Cambridge North  
Senior Center**

2050 Massachusetts Ave

Tel: 617-349-6320

***\$3 class fee***

***Fall classes begin Friday, September 27th***

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**ZUMBA GOLD** provides the beginner and active older adult a fun and safe dance fitness program. Designed to be slower paced and easy to follow, all ages and abilities can benefit from this enjoyable and effective workout.

Taught by a certified **Zumba Gold** instructor.

***See you on the dance floor!***

*Let's Dance!*